

My Busy Week



Toddlers
Week 3



**Dear Parent,
Kindly ensure that your child completes these
offline activities. You can repeat these activities
during the week as for children – ‘The more they
repeat, the better they learn’.**



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Lets dress up like mommy and daddy

Materials Needed :

- Dress up like mommy – Bangles, dupatta, Mommy’s footwear, Bindi, Handbag, etc
- Dress up like Daddy – shirt, tie, office bag, etc

What to do :

- Provide your child with different dress up accessories for him/her to dress up like mommy/daddy.
- Encourage your child to role play like mommy/daddy.



Pick the blue block and follow the instructions

Materials Needed :

- Blocks

What to do :

- Provide your child with a set of assorted blocks of all colours.
- Encourage him/her to pick only the blue block.
- Now encourage your child to follow instructions given by you-
 - Keep the blue block on your hand, head, leg, toe, etc.



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Parachute Play

Materials Needed

- Blue dupatta

What to do :

- Provide your child with a blue dupatta
- One of the parent can hold one side of the dupatta and encourage your child to hold the other end of the dupatta.
- Tell your child we will do a parachute play, let's assume this dupatta is our parachute.
- Now lets take the parachute up and down(do this 5 times), now lets shake it faster and then slow.



Squeezing Sponge

Materials Needed

- Sponge
- 2 bowls
- Water
- Blue tempera paint/blue food colour

What to do :

- Provide your child with a sponge , 1 empty bowl, 1 bowl filled with water(add a drop of blue paint or food colour to make the water blue).
- Encourage your child to dip the sponge in the bowl filled with water and further squeeze to empty it in the other bowl.